



Skibslaget Sebbe Als Augustenborg

The team in the viking ship in the harbour in Augustenborg.

How to be a viking!

31. maj 2017

A team from Danfoss Power Solution wanted to learn more about the vikings and to do that, they had made an arrangement with the old viking ship Sebbe Als in Augustenborg. A rowing trip to the naust (boat house) was planned, but the weather God did not allow that!



There was a very hard wind directly into the harbour and strong men was not enough - they needed training. For safety reasons, the rowing was cancelled - but the team came on board to get a feeling of what the vikings had been up to.



Pulling the rope with a 60 kg anchor behind.

Then we left the harbour by car and drove to the naust. Here we met with the rest of the crew and the old viking drink mead was served before we went to the physical part of the program. The team was split up into 4 groups, then a little competition was very motivating.

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First task was to pull an 60 kg anchor over a certain distance on time. The first tre groups were fast, but the last group was very fast and won. Then the diciplin stone throwing took place. Many different ways were tested. Some of the participants had problems, other found the right technique and won the competition. Then we had the rope pulling - it is always fun to see how people do their best, but end in the sand.



The stone were heavy, but some people were strong.

There are different factors that give the best result - good weight, muscles and technique. Here we also found a winner! Then we went into the naust and started to test the different beers from a micro brewery on Fyn.



It can be hard to keep the balance in sand by rope pulling.

It is strong beer with a very heavy taste and after the physical exercise, it was very welcome. Then the story about the 48 years old ship followed; a history that is very unique, as the ship is the oldest handbuilt vikingship.

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Then the dinner arrived - grilled wild pork with sauce, salad and bread. This was something that was very popular, the appetite was really good! We ended with coffee and cookies. During the entire arrangement, there were a very good atmosphere and a lot of humor - just as we like it.

Thanks from the Sebbe Als crew - Nicole, Sylvie, Ingrid, Peter and Steen.

*Skibslagshilsen
Steen Weile*



Grilled wild pork was served from the bar.



The long table - bear and wild pork.